



Eucharistic Revival

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Do you remember your First Communion? Who attended Mass with you on that very special day? Do you remember how you felt when—for the first time—you received Jesus Christ into your body and your soul and your heart? As Catholics, we should all feel the same joy and excitement each time we attend Mass as we did on the day of our First Communion. Our Loving God is alive and in the Mass.



The United States Conference of Catholic Bishops has set June 19, 2022 (the Feast of Corpus Christi) to kick off a nation-wide Eucharistic Revival that will last for three years. Their goal is to reawaken our understandings and emotions about the Real Presence of Jesus Christ in the Eucharist.



At the Last Supper before Jesus died on the Cross, he gave us the gift of the Holy Eucharist. “Jesus took bread, said the blessing, broke it, and giving it to his disciples said, ‘Take and eat; this is my body’” (Matthew 26:26). Christ left us this “bread of life” so that we can remain close to him until we live with him in Heaven. By receiving the Eucharist, we are in *communion*, or connected with Jesus and his sacrifice on the Cross and to others in the world.



So be on the lookout! Your family, your parish, and the entire diocese will be designing ways for all of us to focus more intently on the Sacred Host...the sacrament of sacraments for Catholics...Jesus’ gift of love that gives us grace.