





February 2026 Catholic Calendar

Encourage your child to follow this calendar each day of February



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 Fourth Sunday in Ordinary Time</p> <p>Celebrate the Mass together as a family. Share with each other what you heard in the readings & homily.</p>	<p>2 The Feast of the Presentation of our Lord</p> <p>This day celebrates Christ's light in the world. Light a candle to show the Light of Christ.</p>	<p>3 Feast of St Blaise</p> <p>He is the patron of throat ailments. Thank God for the gift of your voice and your health.</p>	<p>4</p> <p>Spend some time as a family doing something that brings you joy.</p>	<p>5 Feast of St. Agatha</p> <p>She talked to Jesus about her desires and what she wanted, knowing He would love her anyway and satisfy her. Talk to Jesus about what you want today.</p>	<p>6 Feast of St. Paul Miki & his Companions</p> <p>St. Paul Miki and his friends honored God with their words and actions. How do you honor God with your words and actions?</p>	<p>7</p> <p>Ask your adults how they pray. Sit quietly for five minutes and listen for God. Draw or write about what you heard.</p>
<p>8 Fifth Sunday in Ordinary Time</p> <p>You are called to be the 'light of the world,' shining Jesus' light for all to see. How can you do that this week?</p>	<p>9</p> <p>Be a good example today by being loving when you feel like being unkind.</p>	<p>10 Feast of Saint Scholastica</p> <p>Scholastica was the sister of Saint Benedict. Give a compliment to your sibling(s) or cousin(s) today.</p>	<p>11</p> <p>At dinner share with your family a blessing God has given you today.</p>	<p>12</p> <p>Today, give your worries and struggles to Jesus in prayer, and ask Him for peace.</p>	<p>13</p> <p>What does it mean to take up your cross and follow Jesus?</p>	<p>14 Saint Valentine</p> <p>wrote letters to others about the love of God. Make Valentines for those you love.</p>
<p>15 Sixth Sunday in Ordinary Time</p> <p>Jesus spent time with his Apostles, his best friends. Who are the important people in your life?</p>	<p>16</p> <p>Honor your father and mother by thanking them & saying a prayer for them today.</p>	<p>17</p> <p>Pray with a friend or a sibling today, asking what they need prayers for. Talk to them about it.</p>	<p>18 Ash Wednesday</p> <p>Get ashes at church and wear them proudly as a sign that you are praying, fasting & almsgiving</p>	<p>19</p> <p>Say a prayer for each of your friends today and ask them what they are giving up for Lent.</p>	<p>20</p> <p>Pray the Stations of the Cross with your family on formed.org</p> 	<p>21</p> <p>Thank God for the world, for a new day and for the adventures that it brings.</p>
<p>22 First Sunday of Lent</p> <p>Jesus went to the desert to pray for 40 days. Find a quiet spot to pray for ten minutes.</p>	<p>23</p> <p>Draw or write about something that you are grateful for.</p>	<p>24</p> <p>Pray with a friend or a sibling today, asking what they need prayers for. Talk to them about it.</p>	<p>25</p> <p>You can have faith even when things are hard. What is something you are struggling with? Talk about it with God.</p>	<p>26</p> <p>Sing God's praises today by sharing with others something that God has done for you.</p>	<p>27</p> <p>Learn about Lent with Brother Francis on Formed!</p> 	<p>28</p> <p>Jesus challenges us to pray for those who hurt us and do good to them. Pray for anyone who has hurt you today.</p>