



February 2026 Catholic Calendar

Encourage your child to follow this calendar each day of February



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Fourth Sunday in Ordinary Time Celebrate the Mass together as a family. Share with each other what you heard in the readings & homily.	2 The Feast of the Presentation of our Lord This day celebrates Christ's light in the world. Light a candle to show the Light of Christ.	3 Feast of St Blaise He is the patron of throat ailments. Thank God for the gift of your voice and your health.	4 Spend some time as a family doing something that brings you joy.	5 Feast of St. Agatha She talked to Jesus about her desires and what she wanted, knowing He would love her anyway and satisfy her. Talk to Jesus about what you want today.	6 Feast of St. Paul Miki & his Companions St. Paul Miki and his friends honored God with their words and actions. How do you honor God with your words and actions?	7 Ask your adults how they pray. Sit quietly for five minutes and listen for God. Draw or write about what you heard.
8 Fifth Sunday in Ordinary Time You are called to be the 'light of the world,' shining Jesus' light for all to see. How can you do that this week?	9 Be a good example today by being loving when you feel like being unkind.	10 Feast of Saint Scholastica Scholastica was the sister of Saint Benedict. Give a compliment to your sibling(s) or cousin(s) today.	11 At dinner share with your family a blessing God has given you today.	12 Today, give your worries and struggles to Jesus in prayer, and ask Him for peace.	13 What does it mean to take up your cross and follow Jesus?	14 Saint Valentine wrote letters to others about the love of God. Make Valentines for those you love.
15 Sixth Sunday in Ordinary Time Jesus spent time with his Apostles, his best friends. Who are the important people in your life?	16 Honor your father and mother by thanking them & saying a prayer for them today.	17 Pray with a friend or a sibling today, asking what they need prayers for. Talk to them about it.	18 Ash Wednesday Get ashes at church and wear them proudly as a sign that you are praying, fasting & almsgiving	19 Say a prayer for each of your friends today and ask them what they are giving up for Lent.	20 Pray the Stations of the Cross with your family on formed.org 	21 Thank God for the world, for a new day and for the adventures that it brings.
22 First Sunday of Lent Jesus went to the desert to pray for 40 days. Find a quiet spot to pray for ten minutes.	23 Draw or write about something that you are grateful for.	24 Pray with a friend or a sibling today, asking what they need prayers for. Talk to them about it.	25 You can have faith even when things are hard. What is something you are struggling with? Talk about it with God.	26 Sing God's praises today by sharing with others something that God has done for you.	27 Learn about Lent with Brother Francis on Formed! 	28 Jesus challenges us to pray for those who hurt us and do good to them. Pray for anyone who has hurt you today.